

NEW ZEALAND'S AWARD-WINNING TRAVEL MAGAZINE

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# inspire

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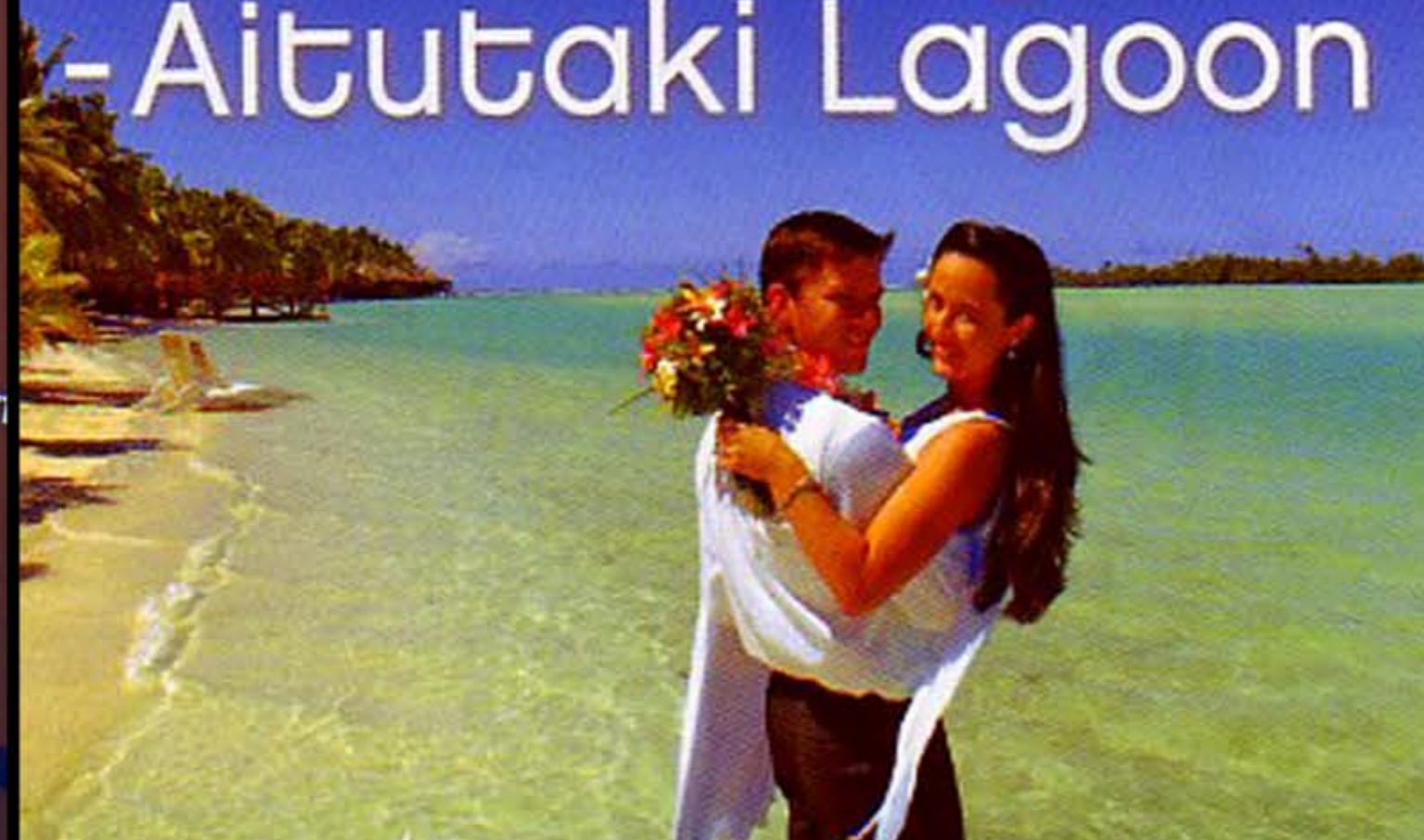
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## Experience "the world's most beautiful lagoon" - Aitutaki Lagoon



Akitua Island, Aitutaki Lagoon,  
COOK ISLANDS, South Pacific  
[www.houseoftravel.co.nz/aitutaki](http://www.houseoftravel.co.nz/aitutaki)

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spas

### SPAPOLYNESIA

RAROTONGAN BEACH RESORT & SPA AND AITUTAKI LAGOON RESORT & SPA, COOK ISLANDS

This year, promise to take time to smell the frangipani. And a great place to start is SpaPolynesia, a South Pacific-style spa and beauty therapy centre at sister resorts The Rarotongan Beach Resort & Spa and The Aitutaki Lagoon Resort & Spa, in the Cook Islands.

The Aitutaki Lagoon Resort & Spa is an all-bungalow resort located on its own private island on the beautiful Aitutaki Lagoon with truly breathtaking views. Its sister resort, The Rarotongan Beach Resort & Spa, is an iconic resort of the Cook Islands, located on one of the best beaches on the main island of Rarotonga.

SpaPolynesia therapists are inspired by an ancient Polynesian legend called "How the Moon Regains Her Brightness" as they work with your own inner wellspring to revive and refresh. The legend tells that somewhere in a serene corner of Polynesia lie Te-Vai-ora-a-Tane, the Living Waters of Tane. This is the sacred spring of one of the chief gods of ancient Polynesia, Tane, the god of light and of fertility. In these divine waters the weary find renewed strength and the sick

are healed. Even Marama herself, the Moon, when wasted and waning, bathed and gained new brightness, entering the Living Waters as Ina-uri (Dark Moon) yet emerging as Ina-ka (Moon Glow). As an integral part of these secluded 4-star resorts, SpaPolynesia features such delicious tropical delights as the 'Nita' Pawpaw Body Wrap, Tama' Coconut Scrub, and the 'Moana' AquaMarine Sea Salt Rub.

SpaPolynesia is perfect for wedding couples wanting to look and feel their best for their big day, honeymooners making the most of their dream holiday and those who want to enjoy being pampered as they slip into the groove of the South Seas.

So this year, promise to take yourself off to the heart of the South Pacific where you can melt into island time, mellow out on the champagne sands, be spellbound by stunning lagoon views, savour mouth-watering mangoes and take time to smell the frangipani.

Best time to go? Anytime is perfect. If you travel during June to September you get to escape the winter—plus, if you're lucky, you might even see amazing humpback whales

breaching off the shore as they journey past the Cook Islands. If you go from November to April, you get to enjoy long summer days, plus it's frangipani season, so it's especially wonderful!

#### TIPS

If you're yearning for an exclusive hideaway, consider booking out one of the new Villas of the South Seas and phoning in some decadent in-villa spa therapies.

• Aitutaki's only private pool villa, Villa Te Arau – Royal Honeymoon Pool Villa, is ideal for an exotic escape in sweet seclusion. An aromatherapy massage beside your own private pool here would be simply heavenly.

• If you're holidaying with friends, book out Rarotonga's Tiare Taporo 'Lime Blossom' Villa Estate and enjoy hydrotherapy heaven—the private pool, poolside spa, Blue Bathhouse with designer bath and rainshower, and even a sauna. Then top it all off by ordering in a spa therapist for a divine massage under the cool canopy of the poolside daybed.



#### HOUSE OF TRAVEL SPAS SPECIAL OFFER

Book a 7-night or longer stay in a Beachfront Room (or higher category) at The Rarotongan Beach Resort & Spa and receive this new **Spa Wellness Package**: A fantastic combination of a personal training session followed by a divine aromatherapy massage to achieve a deep sense of wellbeing. Your personal trainer takes you through the resort's new fitness trail, a full body workout in the gym—with weight training, Swiss ball and stretching exercises, or targeting specific areas of the body if you prefer—and a yoga flex. Your spa therapist then eases away the tensions in your back, neck and scalp to de-stress and help you melt into island time. Seventy-five minutes to a beautifully balanced new you.

For more details visit:  
[houseoftravel.co.nz/rarotongan-beach-resort](http://houseoftravel.co.nz/rarotongan-beach-resort)



Melt into island time, mellow out on the champagne sands, be spellbound by stunning lagoon views, savour mouth-watering mangoes and take time to smell the frangipani in the heart of the South Pacific

